

So where are you right now?

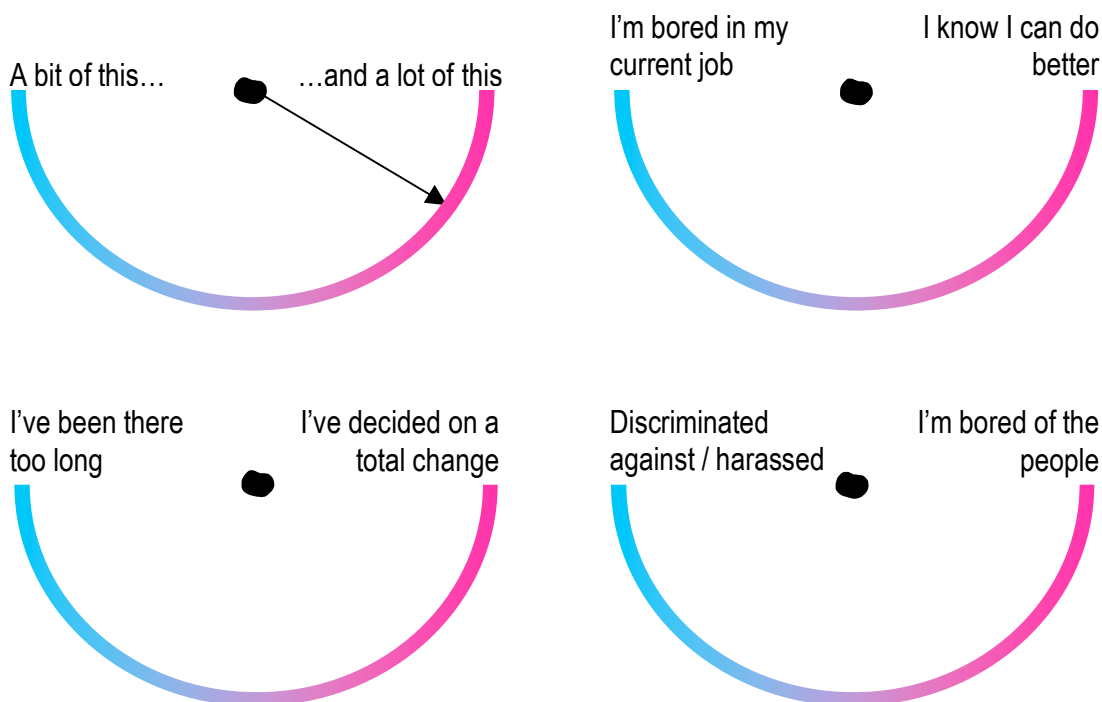
A change in job isn't just a change to something; it's a change from where you are now. You need to consider your reasons for changing carefully, just to make sure you're not jumping from the frying pan into the fire!

There are six common reasons for changing, so tick the ones that apply. These are:

- Because I know I can do better.
- Because I'm bored in my current job.
- Because I'm bored of the people I work with/for.
- Because I've been discriminated against/harassed.
- Because I've been there too long.
- Because I've decided on a total change of career.

As you may have noticed, these are actually pairs of ideas, one positive about the future, the other negative about the current situation.

Fill in these Spangle Swing diagrams, connecting the jelly bean to the outer circle where you feel it represents the balance of the two concepts e.g.:



If you find your answers over at the blue end of the spectrum, it looks a bit like you're running away from your current job. That may be understandable, but make sure you're heading towards something that will be better for you. In other words, **Think Pink!**